

R156. Commerce, Occupational and Professional Licensing.

R156-47b. Massage Therapy Practice Act Rules.

R156-47b-101. Title.

These rules are known as the "Massage Therapy Practice Act Rules."

R156-47b-102. Definitions.

In addition to the definitions in Title 58, Chapters 1 and 47b, as used in Title 58, Chapters 1 and 47b, or these rules:

(1) "COMTA" means the Commission on Massage Therapy Accreditation.

(2) "Direct supervision" as used in Subsection 58-47b-302(3)(d) means that the apprentice supervisor is in the facility where massage is being performed and is immediately available to the apprentice for advice, direction and consultation while the apprentice is engaged in performing massage.

(3) "Lymphatic massage" as used in Subsections 58-47b-302(4) and 58-47b-304(1)(i) means a method using light pressure applied by the hands to the skin in specific maneuvers to promote drainage of the lymphatic fluid from the tissue.

(4) "NCBTMB" means the National Certification Board for Therapeutic Massage and Bodywork.

(5) "Unprofessional conduct" as defined in Title 58, Chapters 1 and 47b, is further defined, in accordance with Subsection 58-1-203(5) in Section R156-47b-502.

R156-47b-103. Authority - Purpose.

These rules are adopted by the division under the authority of Subsection 58-1-106(1) to enable the division to administer Title 58, Chapter 47b.

R156-47b-104. Organization - Relationship to Rule R156-1.

The organization of this rule and its relationship to Rule R156-1 is as described in Section R156-1-107.

R156-47b-302a. Qualifications for Licensure as a Massage Therapist - Massage School Curriculum Standards - Equivalent Education and Training.

(1) In accordance with Subsection 58-47b-302(2)(e)(i)(A), an applicant must graduate from a school of massage with a curriculum, which at the time of graduation, meets the following standards:

(a) curriculums must be registered with the Utah State Board of Regents or an accrediting agency recognized by the United States Department of Education.

(b) Curriculums shall be not less than 600 hours and including the following:

(i) anatomy, physiology and pathology;

(ii) massage theory including the five basic strokes;

(iii) ethics;

(iv) safety and sanitation;

(v) clinic or practicum; and

(vi) other related massage subjects as approved by the Division in collaboration with the Board.

(2) In accordance with Subsection 58-47b-302(2)(e)(i)(B), an applicant who completes equivalent education and training must document that the education and training was approved by NCBTMB as evidenced by current NCBTMB certification.

R156-47b-302b. Qualifications for Licensure - Examination Requirements.

In accordance with Subsections 58-47b-302(2)(f) and 58-47b-302(3)(f), the examination requirements for licensure are defined, clarified, or established as follows:

(1) Applicants for licensure as a massage therapist shall:

(a) pass the Utah Massage Law and Rule Examination; and

(b) pass the NCBTMB National Certification Examination.

(2) Applicants for licensure as a massage therapist who have completed a "Utah Massage Apprenticeship" must:

(a) pass the Utah Massage Theory Exam.

- (3) Applicants for licensure as a massage apprentice shall:
- (a) pass the Utah Massage Law and Rule Examination.

R156-47b-302c. Apprenticeship Standards for a Supervisor.

In accordance with Subsection 58-47b-302(2)(e)(ii), an apprentice supervisor shall:

- (1) not begin an apprenticeship program until:
 - (a) the apprentice is licensed; and
 - (b) the supervisor is approved by the division;
- (2) not begin a new apprenticeship program until:
 - (a) the apprentice being supervised becomes licensed as a massage therapist, unless otherwise approved by the division in collaboration with the board; and
 - (b) the supervisor complies with subsection (1);
- (3) supervise not more than two apprentices at one time, unless otherwise approved by the division in collaboration with the board;
- (4) train the massage apprentice in the areas of:
 - (a) massage theory - 50 hours;
 - (b) massage client service - 300 hours;
 - (c) hands on instruction - 325 hours;
 - (d) massage techniques - 120 hours;
 - (e) anatomy, physiology and pathology - 150 hours;
 - (f) business practices - 25 hours;
 - (g) ethics - 15 hours; and
 - (h) safety and sanitation - 15 hours.
- (5) display a conspicuous sign near the work station of the apprentice stating "Apprentice in Training";
- (6) keep a daily record which shall include the hours of instruction and training completed, the hours of client services performed, and the number of hours of training completed;
- (7) make available to the division upon request, the apprentice's training records;
- (8) verify the completion of the apprenticeship program on forms available from the division;
- (9) notify the division within ten working days if the apprenticeship program is terminated; and
- (10) must not have been disciplined for any unprofessional or unlawful conduct within five years of the start of any apprenticeship program.

R156-47b-303. Renewal Cycle - Procedures.

- (1) In accordance with Subsection 58-1-308(1), the renewal date for the two-year renewal cycle applicable to licensees under Title 58, Chapter 47b is established by rule in Section R156-1-308.
- (2) Renewal procedures shall be in accordance with Section R156-1-308.

R156-47b-502. Unprofessional Conduct.

"Unprofessional conduct" includes:

- (1) engaging in any lewd, indecent, obscene or unlawful behavior while acting as a massage therapist;
- (2) as an apprentice supervisor, failing to provide direct supervision to a massage apprentice;
- (3) as an apprentice supervisor, failing to provide and document adequate instruction or training as applicable;
- (4) as an apprentice supervisor, advising, directing or instructing an apprentice in any instruction or behavior that is inconsistent, contrary or contradictory to established professional or ethical standards of the profession;
- (5) failing to notify a client of any health condition the licensee may have that could present a hazard to the client; and
- (6) failure to use appropriate draping procedures to protect the client's personal privacy.

R156-47b-601. Standards for Animal Massage Training.

In accordance with Subsection 58-28-8(12)(c), a massage therapist practicing animal massage shall have received 60 hours of training in the following areas:

- (1) quadruped anatomy;
- (2) the theory of quadruped massage; and
- (3) supervised quadruped massage experience.

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MASSAGE THERAPY PRACTICE ACT RULES

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